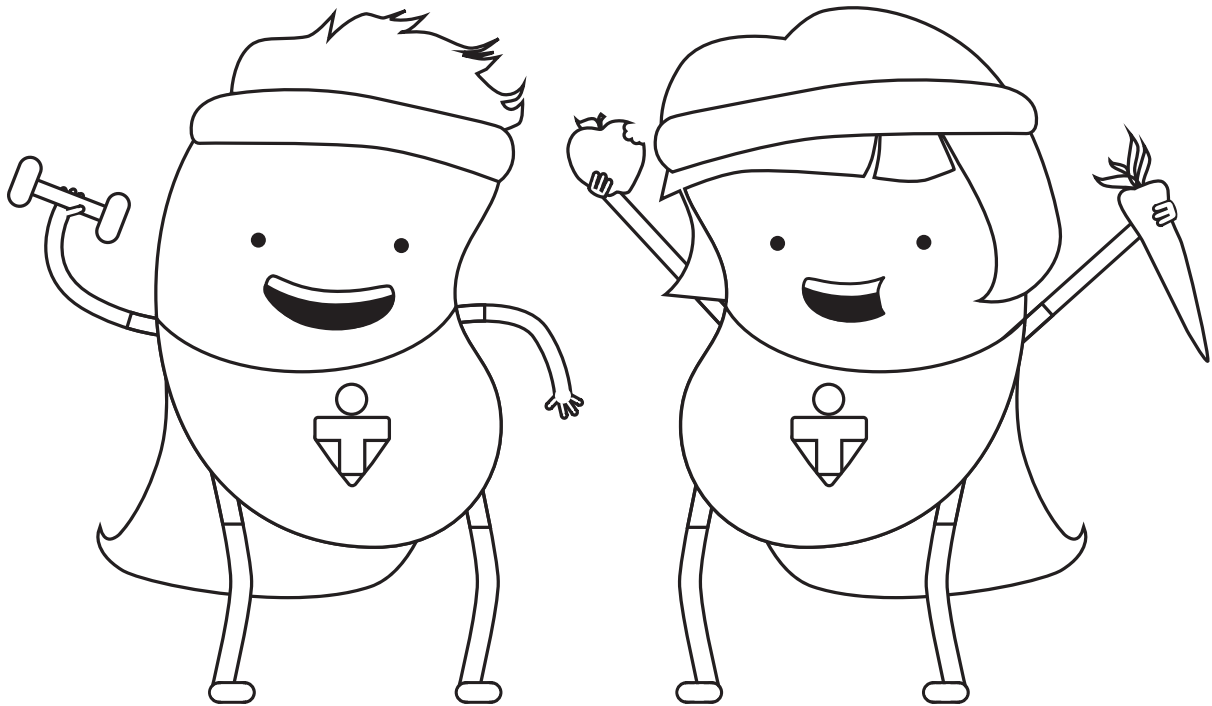


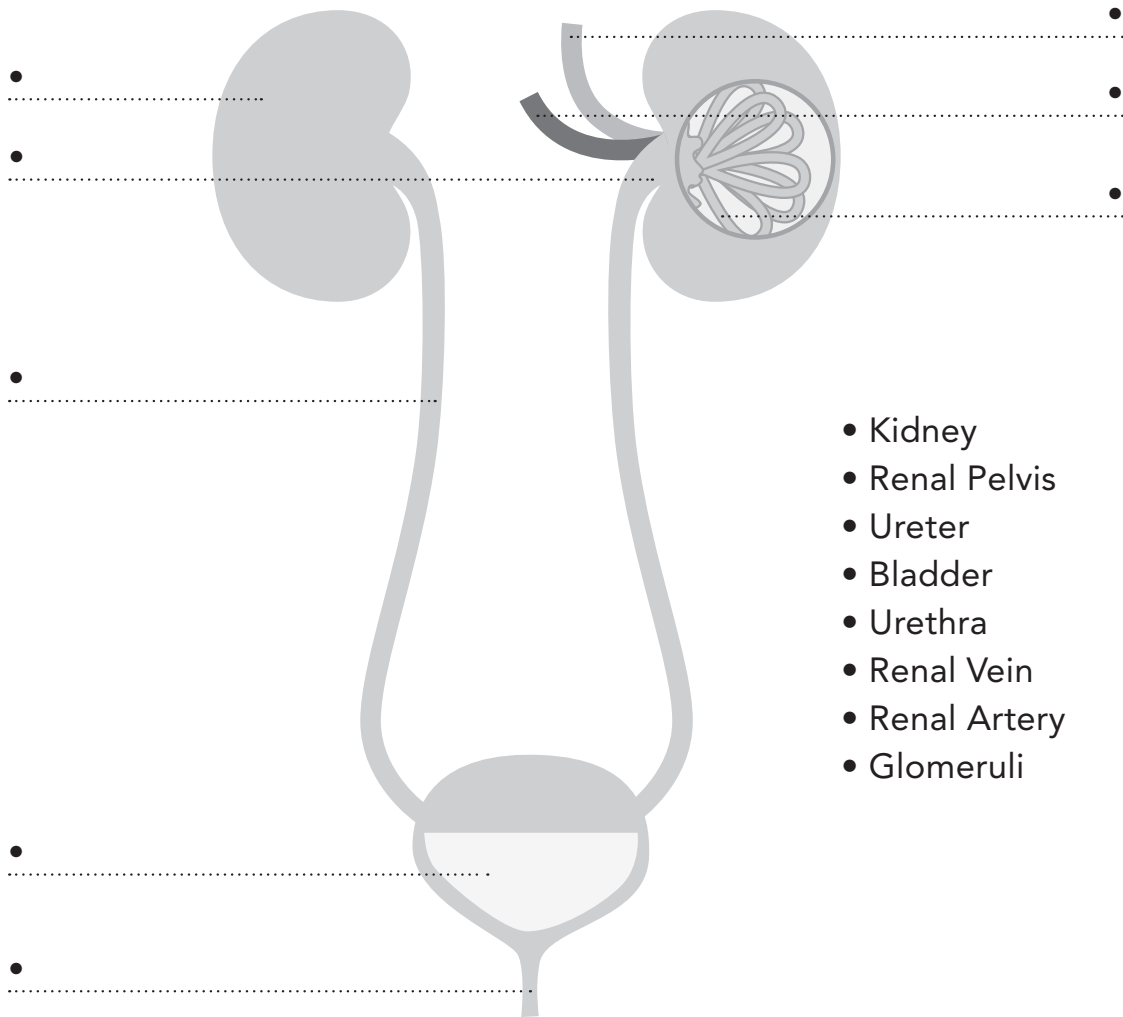


HEALTHY KIDNEYS

MEET YOUR KIDNEYS ACTIVITY SHEET



Match the words to the parts of your Urinary System:



Fill in the blanks:

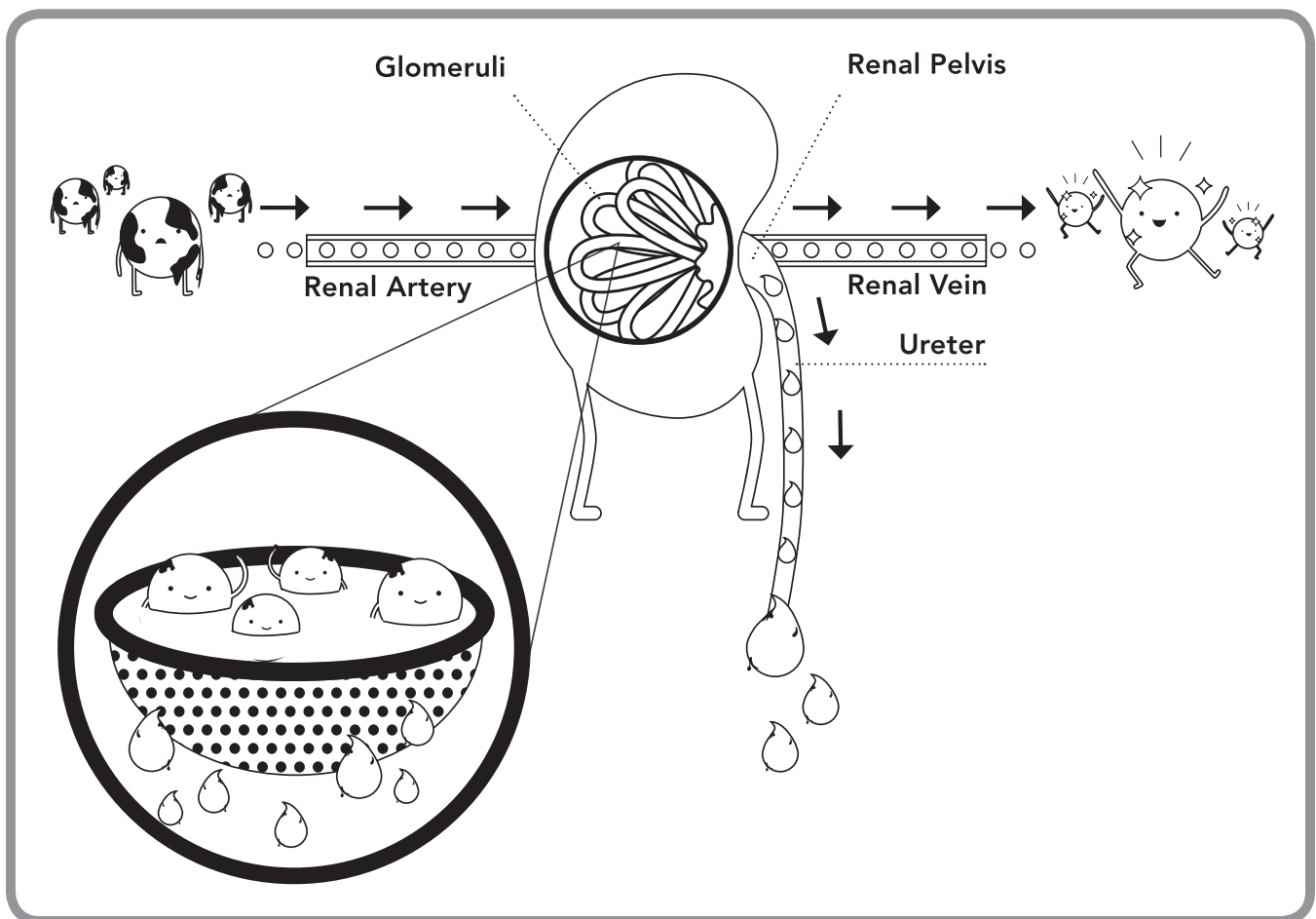
Kidneys make _____ by cleaning _____.

Your _____ holds the urine before you go pee. Then it comes out the _____ and goes into the toilet.

MEET YOUR KIDNEYS MATCHING ACTIVITY

Match the parts of the Urinary System to what they do!

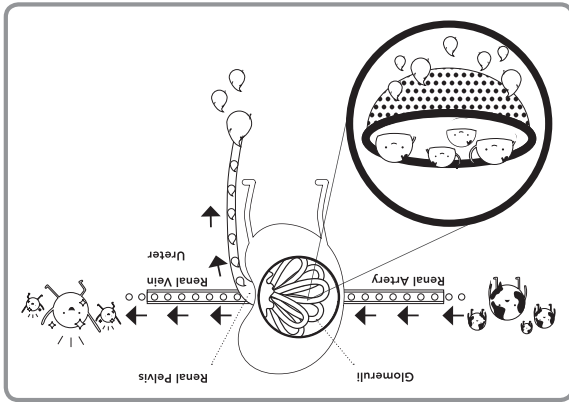
- Kidney • • A bag inside our body that holds urine until we can go to the bathroom.
- Renal Pelvis • • Bean-shaped organs about the size of our fist. Most people have 2.
- Ureter • • A blood vessel that brings blood flow to your kidneys.
- Bladder • • A tube that carries our urine (pee) out of our bladder and into the toilet.
- Urethra • • Tiny filters inside the kidney that clean blood.
- Renal Vein • • Carries blood away from the kidneys.
- Renal Artery • • Tubes coming out of our kidneys and going into our bladder.
- Glomeruli • • Where urine that is newly made by the kidney collects.



IMPORTANT THINGS I LEARNED:

- _____
- _____
- _____
- _____
- _____

ACTIVITY ANSWER KEY:

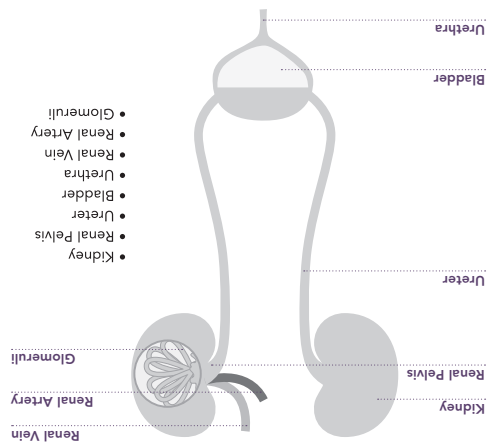


- Kidney: A bag inside our body that holds our urine until we can go to the bathroom.
- Renal Pelvis: Bean-shaped organs about the size of our fist. Most people have 2.
- Ureter: A blood vessel that brings blood flow to your kidneys.
- Bladder: A tube that carries our urine (pee) out of our bladder and into the toilet.
- Urethra: Tiny filters inside the kidney that clean blood.
- Renal Vein: Carries blood away from the kidneys.
- Renal Artery: Tubes coming out of our kidneys and going into our bladder.
- Glomeruli: Where urine that is newly made by the kidney collects.

Match the parts of the Urinary System to what they do!
MEET YOUR KIDNEYS MATCHING ACTIVITY

Kidneys make urine _____ by cleaning blood _____.
 Your bladder _____ holds the urine before you go pee. Then
 it comes out the _____ urethra _____ and goes into the toilet.

Fill in the blanks:



Match the words to the parts of your Urinary System: