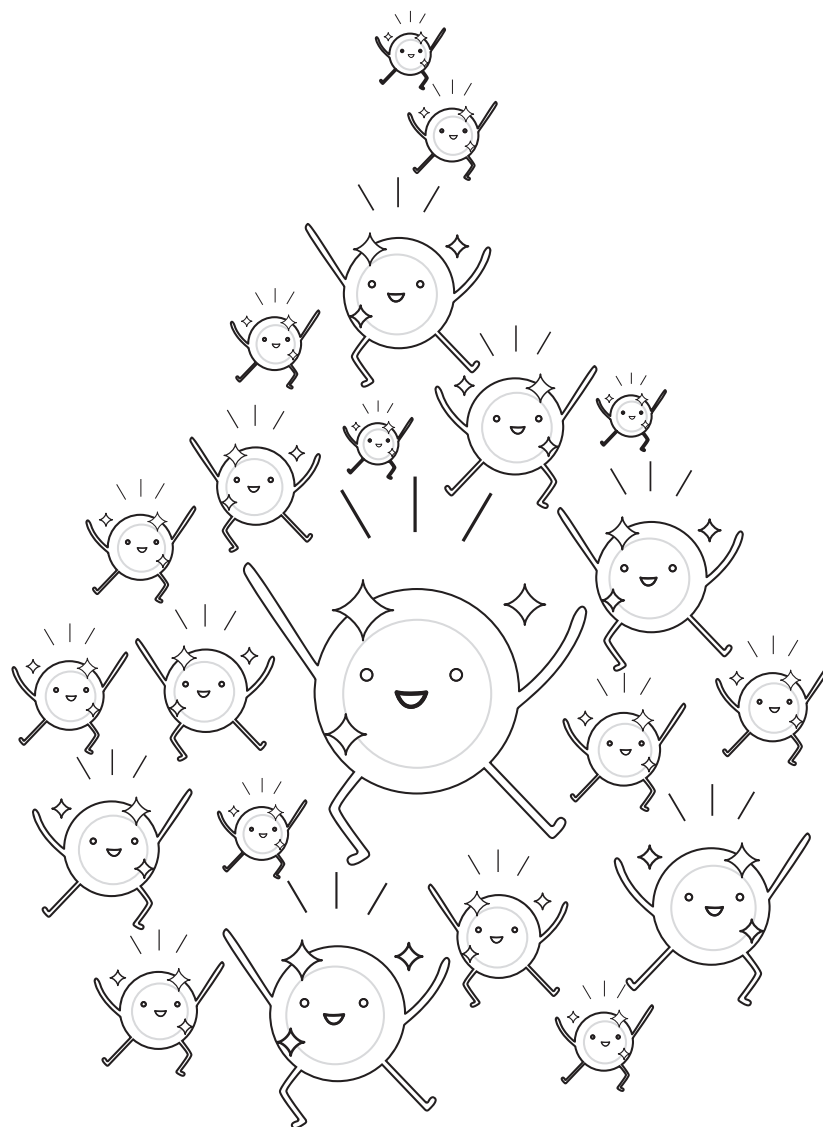




HEALTHY KIDNEYS

HEALTHY BLOOD ACTIVITY SHEET

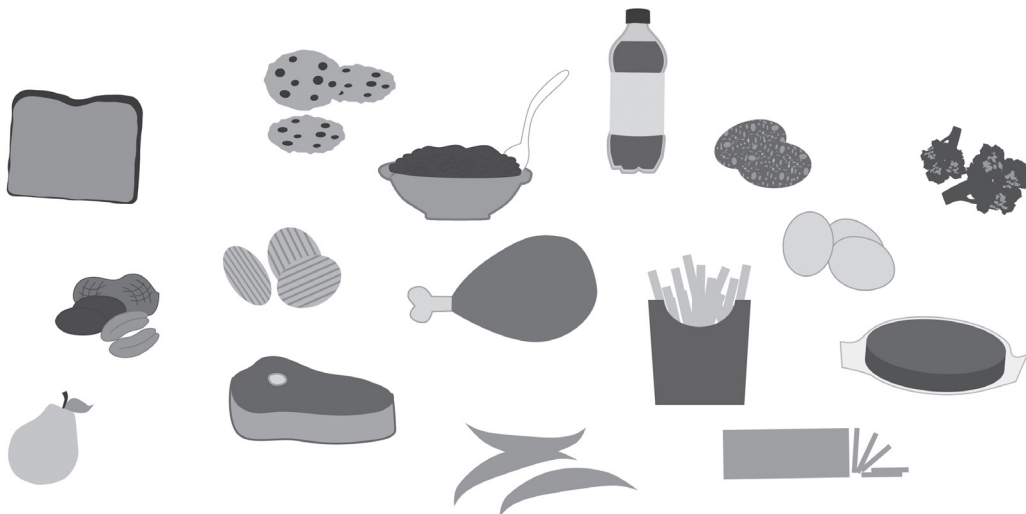


FILL IN THE BLANKS

The Kidney Twins send a ESA message to _____. The message is "It's time to make _____ strong _____!"



Strong Blood gives you lots of energy to play and run and jump all day long!
Can you spot the 8 differences in the pictures above?



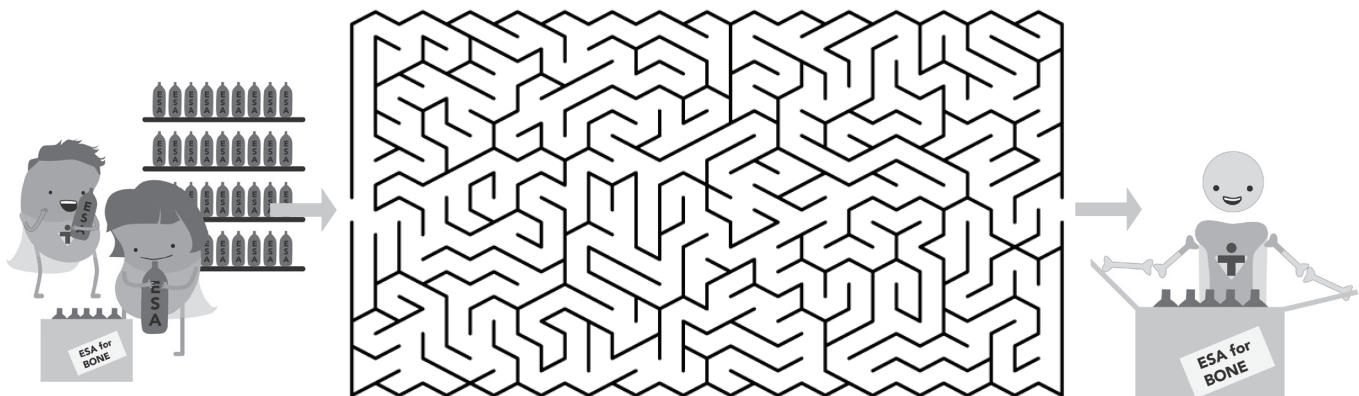
Which foods will help your body make strong blood? Circle them!

HEALTHY BLOOD WORD SEARCH

Can you find these words? They can be forwards, backwards or diagonal.

R	E	S	S	D	B	L	O	N	O	D	C	O	U	S
N	T	T	R	T	C	N	G	O	P	U	H	J	L	O
G	X	R	Q	Q	N	J	U	I	S	C	Y	L	P	T
B	L	O	O	D	V	E	I	T	F	Y	I	O	V	M
Y	A	N	E	M	I	A	M	C	R	P	O	I	S	K
G	B	G	H	N	E	Q	S	E	N	I	T	E	I	L
C	P	B	W	V	W	E	S	J	L	A	T	D	I	C
N	V	L	D	N	N	Y	T	N	M	P	N	I	C	U
X	R	O	W	O	A	W	Z	I	U	E	P	E	O	W
Y	E	O	B	I	M	Y	N	A	Y	E	N	U	K	N
L	Z	D	R	H	S	S	B	S	S	R	O	L	S	A
V	I	O	S	W	H	O	L	E	F	O	O	D	S	R
Q	N	R	M	F	S	R	C	Z	A	E	M	I	O	B
O	A	B	W	K	X	G	I	I	Q	Z	O	L	A	Z
J	C	I	O	N	H	W	R	V	I	A	M	X	W	G

ANEMIA
 BLOOD
 BONES
 ESA INJECTION
 IRON
 KIDNEYS
 NUTRITION
 PILLS
 STRONG BLOOD
 SUPPLEMENTS
 VITAMINS
 WHOLE FOODS

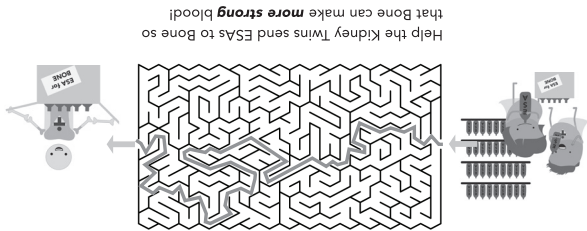


Help the Kidney Twins send ESAs to Bone so that Bone can make **more strong** blood!

IMPORTANT THINGS I LEARNED:

- _____
- _____
- _____
- _____
- _____

ACTIVITY ANSWER KEY:



J	C	I	O	N	H	W	R	V	I	A	M	X	W	G
O	A	B	W	K	X	G	I	I	O	Z	O	L	A	Z
Q	N	R	M	F	S	R	C	Z	A	E	M	I	O	B
V	I	O	S	W	H	O	L	E	F	O	D	S	R	
L	Z	D	R	H	S	S	B	S	R	O	L	S	A	
Y	E	O	B	L	M	Y	N	A	Y	E	N	U	K	N
X	R	O	W	A	W	Z	L	I	E	P	E	O	W	
N	V	L	D	N	N	Y	T	N	M	P	N	I	C	U
C	P	B	W	V	W	E	S	J	L	A	T	D	I	C
G	B	G	H	N	E	O	S	E	N	I	T	E	L	L
Y	A	N	E	M	I	A	M	C	R	P	O	I	S	K
B	L	O	O	D	V	E	L	T	F	Y	I	O	V	M
G	X	R	O	N	J	U	I	S	C	Y	L	P	T	
N	T	T	R	T	C	N	G	O	P	H	J	L	O	
R	E	S	D	B	L	O	N	O	D	C	O	U	S	

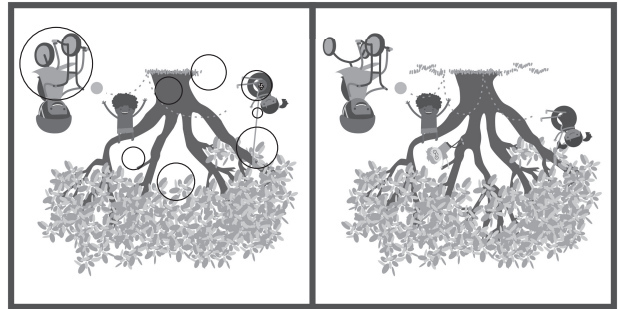
HEALTHY BLOOD WORD SEARCH
Can you find these words? They can be forwards, backwards or diagonal.

- ANEMIA
- BLOOD
- BONES
- ESAs INJECTION
- IRON
- KIDNEYS
- NUTRITION
- PILLS
- STRONG BLOOD
- SUPPLEMENTS
- VITAMINS
- WHOLE FOODS

Which foods will help your body make strong blood? Circle them!



Strong Blood gives you lots of energy to play and jump all day long!
Can you spot the 8 differences in the pictures above?



FILL IN THE BLANKS
The Kidney Twins send a ESA message to b. o. n. e. The message is "It's time to make more strong blood!"

