

Pediatrics Medical Education Interest Group Continuing Professional Development

(RCPSC Section 1 credit)

You are invited to attend:

“Supporting Residents and Other Learners Experiencing Declining Well-being and Crisis”

(Session 1 of 2 parts Supporting Mental Health Series)

Facilitated by:

Arlana Vadnais, M.A (she/her/hers)

Associate Director, Wellness & Prevention, UM Student Counselling and Wellness,
Student Support

and

Leah Deane, MSW RSW (she/her)

Director, Student Services at Bannatyne Campus

and

Moderator

Dr. Seth Marks

Child Health Leadership and Wellness Lead, Associate Head, Department of Pediatrics and Child Health

Thursday, April 25, 2024 (1200-1300 CT)

Zoom meeting

(To get the zoom link, please RSVP to Ijeoma Eze, ieze@exchange.hsc.mb.ca)

Learning Objectives

By the end of the session, the participant will be able to:

1. Describe signs and symptoms of developing mental health problems and crisis
2. Identify resources for consultation (including increase familiarity with the Student Distress Guide)
3. Identify strategies for effectively supporting residents and other learners in distress
4. Identify appropriate resources for referral

For more information, please contact Ijeoma Eze at ieze@exchange.hsc.mb.ca

This event is an accredited group learning activity as defined by the
Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada

